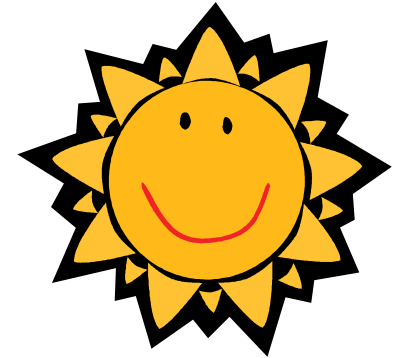


Rescue Union School District



Breakfast is Served

Breakfast is served daily at:

Rescue Elementary School 8:20 – 8:40
Rescue 2nd Breakfast 10:15 – 11:00
Green Valley Elementary School 8:20 - 8:40
Green Valley 2nd Breakfast 10:15-11:05
Jackson 2nd Breakfast - 10:30 – 11:15
Lake View 2nd Breakfast – 10:15-11:05
Lake Forest 2nd Breakfast -10:00-10:55
Pleasant Grove Middle School 7:25 - 7:45
Marina Village Middle School 7:20-7:40

All breakfast meals are served with Low Fat 1% or Non Fat White milk and a selection of fresh fruit or 100% fruit juice.



Daily Breakfast Bar Items

Students may choose from the following entrée items

CHOICE OF CEREAL WITH GRAHAM CRACKERS

BAGELS WITH CREAM CHEESE

YOGURT WITH GRAHAM CRACKERS

BREAKFAST BAR

Mondays

Mini Pancakes & Bacon

Tuesdays

Ham & Cheese Breakfast
Sandwich

Wednesdays

Sausage Pizza

Thursdays

Cinnamon Crumble Pan Bread

Friday

Dutch Waffle

ARE YOUR CHILDREN EATING THEIR 5 A DAY?

According to the USDA poor nutrition, including eating too much fat and sugar, and not eating enough fruits and vegetables affects performance in school. Poor nutrition affects children's energy levels, ability to concentrate and ability to learn. Poor nutrition also leads to increased illness and absenteeism.

Breakfast Prices: Students \$1.75 Reduced Meal \$.30 Adults \$2.25
White Milk \$.50

This institution is an equal opportunity provider

